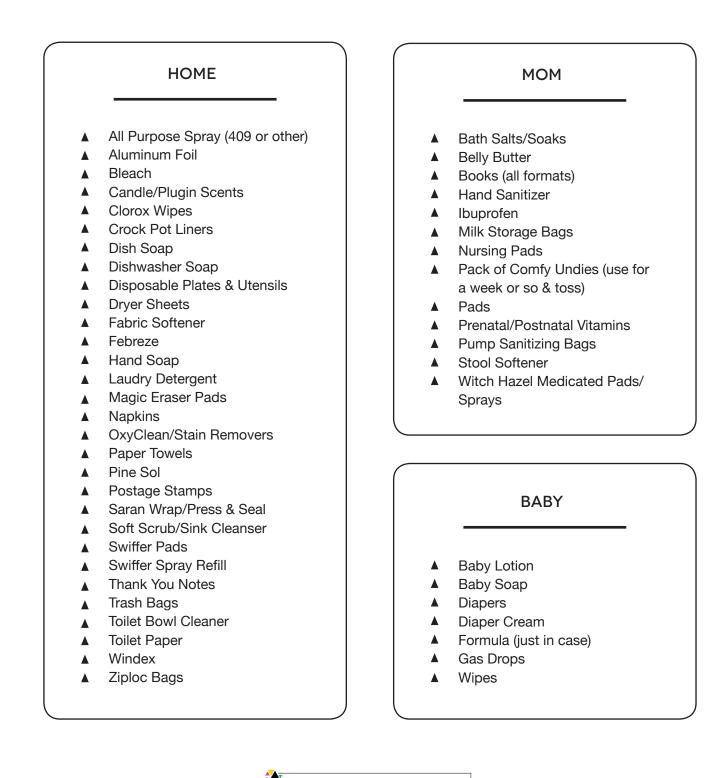


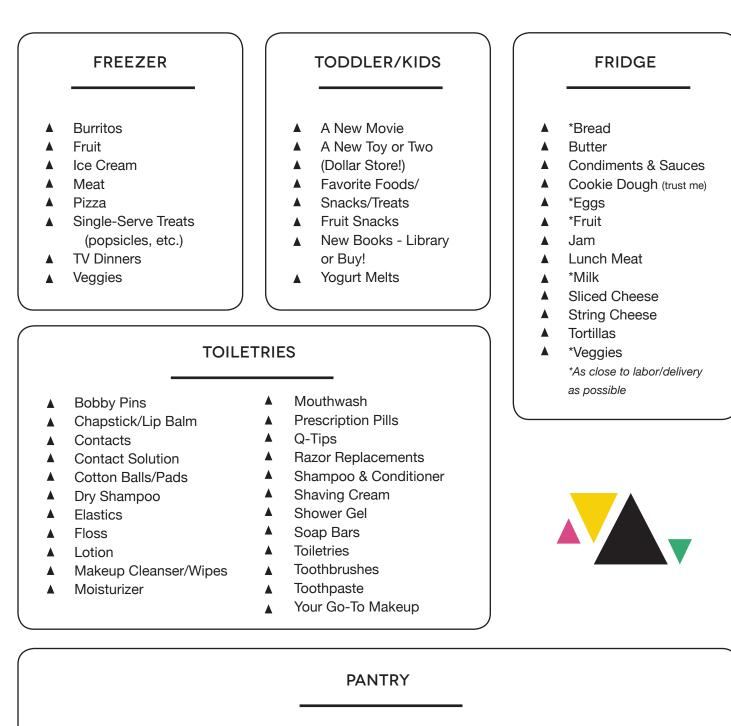
Pregnancy Stock Up Checklist NA.



A GUIDE TO YOUR FIRST FEW MONTHS WITH YOUR NEW BABY



panica Holdaway



- ▲ Bottled Pasta Sauce
- Bottled Water
- Box Mixes (Hamburger Helper, cake, muffins, flavored rice, sides, etc.)
- Canned Beans
- ▲ Canned Veggies
- ▲ Cereal
- ▲ Crackers

- Cookies
- Dry Pasta
- Flour
- Gatorade
- Granola/Protein Bars
- Juice
- Macaroni & Cheese
- Microwave Popcorn

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Oatmeal

- Peanut Butter
- ▲ Protein Shakes
- Ramen Noodles
- ▲ Salt
- ▲ Sugar
- ▲ Soda
- Soup
- Toddler/Kid Needs (fruit snacks, yogurt melts, etc)
- ▲ White Rice